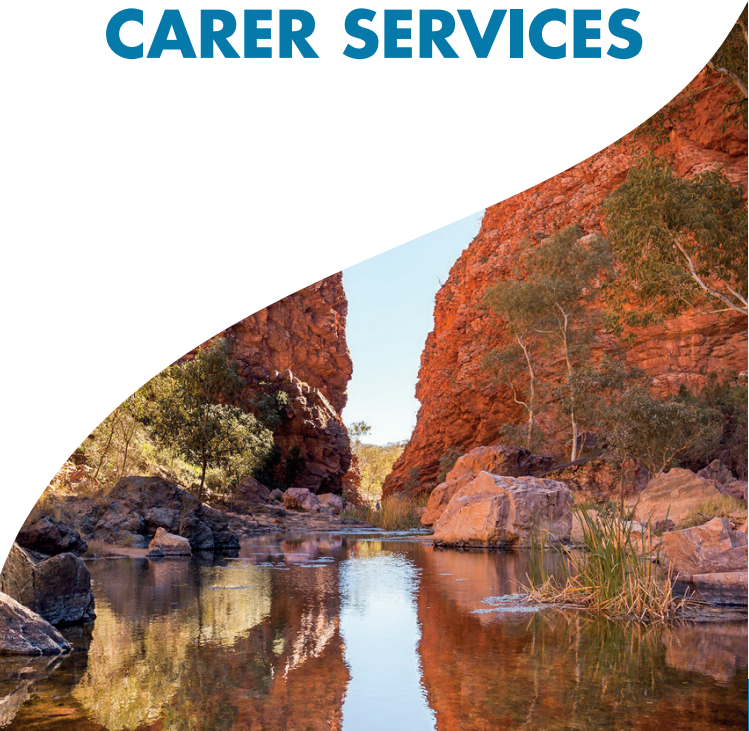




ALICE SPRINGS CARER SERVICES



08 8953 1669

www.carersnt.asn.au

HOW CAN CARERS NT HELP YOU?

Information Advice and Referrals

Carers NT provides information and advice on caring related issues, as well as referrals for carers to relevant support services.

Education and Training

Provides resources and skills to help carers sustain their caring role. Topics include Mental Health First Aid, NDIS Information sessions, Wellness programs and other training and education.

Carer Support Groups

Carers NT facilitates support groups for carers to provide a supportive atmosphere for carers to discuss day – to – day issues and collectively seek solutions through mutual support.

Carer Counselling

Having someone to talk to assists carers to develop strategies for managing their carer role. Carers can access counselling and emotional support via telephone, face to face or skype. Carers NT Counsellors and affiliates have professional qualifications and understand issues relating to the caring role.

Better Start

The Better Start for Children with Disability program provides improved access to early intervention services and funding and Carers NT can assist with information, workshops and advice on Moving Forward with NDIS rolling out.

CONTACT US

CARERS NT

1/9 Parsons Street, Alice Springs, NT 0870

PO Box 4929, Alice Springs, NT 0871

Freecall: 1800 242 636

T: 08 8953 1669

carersnt@carersnt.asn.au

www.carersnt.asn.au

www.facebook.com/carersnt