



## AGED CARE SERVICES DARWIN



1800 242 636

[www.carersnt.asn.au](http://www.carersnt.asn.au)

## AGED CARE SERVICES DARWIN REGION

### Wulagi House

Centre based respite provides respite in a group setting. Centre based respite is based on group activities aimed at maintaining independence and re-enablement. It provides respite in a warm, friendly and secure environment.

### Urban Access Program - Connecting with the Community

This service offers group based outings and activities that are culturally appropriate for Darwin's Ageing Aboriginal & Torres Strait Islander population. The group collectively explore options for outings and activities allowing choice and control to the participants. Morning tea and lunch are provided, often enjoyed at scenic spots and places of interest.

### Evening Explorers

This service provides support for the client who may get restless in the late afternoon. Operates between 3.30pm - 6.30pm twice a week. Travelling by mini bus, this is an opportunity to socialise with others, participate in activities of interest, and enjoy a light evening snack. Providing the carer with respite at what can be a busy time of the day.

### Cottage Respite

Cottage respite is an individualised person centred overnight respite service. This respite takes place at one of Carers NT's respite houses. Carers NT has dedicated and experienced Support Workers to ensure the client has an enjoyable and engaging respite experience.

### Flexible Respite

Flexible respite is a service, which provides daytime or overnight support for clients in their own home. This enables the carer to have small regular breaks from their caring role, knowing their loved one is being cared for in a familiar environment.

## CONTACT US

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